

# First Aid

**NEW for 2020** - Designed to give delegates theoretical and practical experience in First Aid. The course is designed to enhance the student's skills and knowledge, in both theoretical and practical learning.

**Duration:** 1 day

**Location:** Flexible - On-site at client's premises

**Course Size:** 20 delegates per 1 day course

## Course Contents:

- Primary Survey
- Secondary Survey
- Shock
- Bleeding
- Crush injuries
- Burns and Scalds
- Breaks
- Choking
- Heat Illness

